

# 2018 NS Provincial Optimist Championship

September 22-23, 2018

Organizing Authority: Bedford Basin Yacht Club

## SAILING INSTRUCTIONS

### 1. RULES

1.1. The regatta shall be governed by the rules as defined in The Racing Rules of Sailing 2017 - 2020.

1.2. The prescriptions of Sail Canada shall apply.

1.3. The regulations of the individual classes racing in the event shall apply to those respective classes.

1.4. CODA code of conduct will apply, and can be found at <http://www.optican.org/coda-code-conduct> Competitors, coaches, parents and guardians shall abide by the CODA Code of Conduct. This includes behavior both on and off the water including respect for all other persons, personal property of others, The organizing authority and their surrounding properties.

### 2. NOTICES TO COMPETITORS

2.1. Notices to competitors shall be posted on the TV in the BBYC Wardroom.

### 3. CHANGES TO SAILING INSTRUCTIONS

3.1. Any change to the sailing instructions shall be posted before 0900 on the day it will take effect.

### 4. SIGNALS MADE ASHORE

4.1. Signals made ashore shall be displayed at the BBYC flagpole.





4.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in the race signal AP. When the AP flag is flown ashore, competitors shall not launch their boats.

## 5. SCHEDULE

5.1. Dates of racing: Saturday Sept. 22 and Sunday Sept. 23, 2018.

Breakfast and Registration	Saturday, Sept 22	0730 hrs to 0900 hrs
Coach and Skippers' Meeting	Saturday, Sept 22	0930 hrs
First Warning Signal	Saturday, Sept 22	1100 hrs
5 Minute Yard Cleanup	Saturday, Sept 22	After Racing
Regatta Supper	Saturday, Sept 22	After Racing
Breakfast	Sunday, Sept 23	0830 hrs to 0915 hrs
Coaches Meeting	Sunday, Sept 23	0900 hrs
First Warning Signal	Sunday, Sept 23	1030 hrs
Last Warning Signal	Sunday, Sept 23	1500 hrs
5 Minute Yard Cleanup	Sunday, Sept 23	1555 hrs
Awards	Sunday, Sept 23	1600 hrs

5.2. Up to 6 races per day will be sailed with no more than 12 races in total for the series.

5.3. To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is displayed.



5.4. On the last day of the regatta no race shall be started after 1500 hrs.

## 6. Class Flags

6.1. The class flag for the opti championship fleet will be a white flag with a blue class insignia

## 7. Racing Area

7.1. Racing shall take place in the Bedford Basin.

## 8. The Course

8.1. Attachment A shows the course diagram and the order in which marks are to be passed, and the side on which each mark is to be left.

8.2. If one of the gate marks is missing, the remaining mark in position should be rounded to port.

## 9. MARKS

9.1. Marks 1, 2s/2p of the course shall be orange inflatable tetrahedrons.

9.2. The Start / Finish line mark shall be a yellow inflatable cylinder.

9.3. New marks, as described in SI 11, will be a yellow Tetrahedron

## 10. THE START

10.1. The starting line will be between the staff displaying an orange flag on the race committee boat at the starboard end and a yellow cylinder at the port end.

10.2. A boat starting later than 4 minutes after her starting signal will be scored Did Not Start. This changes RRS A4 and A5.

## 11. CHANGE OF THE NEXT LEG OF THE COURSE

11.1. To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When, in a subsequent change a new mark is replaced, it will be replaced by an original mark.

## 12. THE FINISH

12.1. The finishing line will be between a staff displaying an orange flag on the race committee boat and the course side of the finish line mark.



### 13. TIME LIMIT & Target Times

13.1.

Mark 1 Time Limit	Race Target Time
15 minutes	30 minutes

13.2. If no boat has passed Mark 1 within the Mark 1 time limit the race will be abandoned. Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).

13.3. Boats failing to finish within 15 minutes after the first boat sails the course and finishes will be scored Did Not Finish. This changes RRS 35, A4 and A5.

### 14. PROTESTS AND REQUESTS FOR REDRESS

14.1. Protest forms are available from the Protest Desk which will be in the Learn to Sail Office. Protests shall be delivered there within the protest time limit.

14.2. The protest time limit shall be 45 minutes after the race committee signal boat reaches the dock following the last race of the day.

14.3. Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses, the location and timing of the hearings.

14.4. Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1(b).

14.5. On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes Rule 62.2.

### 15. SCORING

15.1. One race is required to be completed to constitute a series.

15.2. When fewer than 5 races have been completed, a boat's series score will be the total of her race scores. When 5 or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

### 16. CHECK-IN AND SAFETY REGULATIONS



- 16.1. All competitors shall check-in each morning by sailing on starboard tack past the transom of the race committee signal vessel while hailing their sail number until acknowledged by a race committee representative.
- 16.2. A boat that retires from a race or leaves the racing area shall notify the race committee as soon as possible.

## 17. RADIO COMMUNICATION

- 17.1. Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio transmissions not available to all boats. Mobile telephones shall not be used to obtain information relevant to the race that is not available to all boats.

## 18. PRIZES

- 18.1. Prizes shall be awarded to sailors 1st through 3rd in White, Blue and Red fleets. Sportsmanship awards shall be awarded at the discretion of the race committee in consultation with the coaches. Top Female and top male overall will be awarded. A Sustainability award shall be awarded at the discretion of the race committee in consultation with the coaches.

## 19. DISCLAIMER OF LIABILITY

- 19.1. By participating in this event and any related activity sponsored or undertaken by the Bedford Basin Yacht Club the owner, person in charge and each crew member agree: that they understand that sailing is an activity that has an inherent risk of serious bodily injury (including permanent disability, paralysis and death by drowning or otherwise), property damage and other economic loss; that the safety of the boat and her crew and the decision whether or not to start or continue to race is solely their responsibility and at their own risk, see RRS 4 "Decision to Race"; that the Bedford Basin Yacht Club and its officers, trustees, members, committees, employees, sponsors, or agents will not be responsible for damage to any boat or other property, or to any participant, including injury or death; and that each of them releases and waives all claims which he or she, or any heir, representative, successor or assignee, may have against the Bedford Basin Yacht Club and its officers, trustees, members, committees, employees, sponsors or agents, arising out of or in any way connected with participation in such race or activity. Assistance, if any, from the race committee or other Bedford Basin Yacht Club vessels, or from any personnel manning them, is at the risk of the participant.



For further information please contact P.R.O., Lesley Taylor at [lesley\\_taylor09@hotmail.com](mailto:lesley_taylor09@hotmail.com)

# ATTACHMENT A - The Course

Mark rounding order: Start – 1 – 2S/2P – 1 – Finish

