

# 2018 NS Provincial Optimist Championship

September 22-23, 2018

Organizing Authority: Bedford Basin Yacht Club

## GREEN FLEET SAILING INSTRUCTIONS

*These sailing instructions generally conform to the Canadian Optimist Dinghy Association standards for Green Fleet racing. They are based on the US Sailing Simplified Sailing Instructions, but are more suitable for use by race committees and coaches in support of the Green Fleet than as direct reading by younger Green Fleet competitors.*

### 1. RULES

- 1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2. The last sentence of Rule 90.2(c) is deleted and replaced by: "Oral changes may be given on the water or ashore, either at a pre-race briefing ('Skippers' meeting') or post-race de-brief."
- 1.3. Since Green Fleet races are not scored:
- 1.4. Redress is not available to competitors under Rule 62.1(a) for an improper action or omission of the Organizing Authority or the Race Committee; and,
- 1.5. Rule 64.1 is changed so that the protest committee is not required to impose a penalty when they find that a party to a protest hearing has broken a rule and is not exonerated.

### 2. NOTICES TO COMPETITORS

- 2.1. Notices to competitors shall be posted on the TV in the BBYC Wardroom.
- 2.2. The Race Committee may give oral instructions, including amendments to sailing instructions, to Green Fleet competitors, by communicating directly with individual competitors or communicating indirectly through designated Green Fleet coaches.
- 2.3. The race Committee will signal that oral instructions are available by displaying Code Flag 'L' with one sound signal.
- 2.4. The Race Committee may display a summary of oral instructions afloat by means of a whiteboard.
- 2.5. A record of oral instructions that change sailing instructions will be posted on the official notice board at the end of a day's sailing, if further sailing is scheduled the next day.

### 3. SIGNALS MADE ASHORE

- 3.1. Signals made ashore shall be displayed at the BBYC flagpole.



ABOVE & BEYOND



- 3.2. If a postponement is signaled ashore, the warning signal will be made not less than 30 minutes after flag AP is lowered. This changes race signal AP.
- 3.3. Flag D displayed with one sound means: 'the warning signal will be made not less than 60 minutes after flag D is displayed.' Boats shall not leave their berthing places until this signal is made.

**4. SCHEDULE and CLASS FLAGS**

4.1. The schedule shall be:

|                             |                   |                      |
|-----------------------------|-------------------|----------------------|
| Breakfast and Registration  | Saturday, Sept 22 | 0730 hrs to 0900 hrs |
| Coach and Skippers' Meeting | Saturday, Sept 22 | 0930 hrs             |
| First Warning Signal        | Saturday, Sept 22 | 1100 hrs             |
| 5 Minute Yard Cleanup       | Saturday, Sept 22 | After Racing         |
| Regatta Supper              | Saturday, Sept 22 | After Racing         |
| Breakfast                   | Sunday, Sept 23   | 0830 hrs to 0915 hrs |
| Coaches Meeting             | Sunday, Sept 23   | 0900 hrs             |
| First Warning Signal        | Sunday, Sept 23   | 1030 hrs             |
| Last Warning Signal         | Sunday, Sept 23   | 1500 hrs             |
| 5 Minute Yard Cleanup       | Sunday, Sept 23   | 1555 hrs             |
| Awards                      | Sunday, Sept 23   | 1600 hrs             |

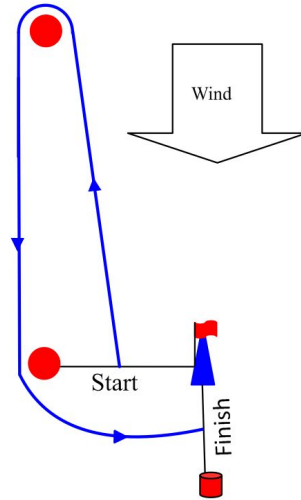
4.2. Class flags are as follows:  
The Class flag is the Opti Class Flag.

**5. RACING AREA**

5.1. The racing area will be inside Bedford Basin, in front of the yacht club unless conditions make it advisable to move outside the cove.

**6. COURSE[S] and MARKS**

6.1. Green Fleet will sail a simplified course, as shown below. Marks will be left to port.



Start - 1p-2p-Finish



- 6.2. Marks 1 and 2 will be Orange Cylinders.
- 6.3. The start pin will be a Yellow Pin
- 6.4. The finish pin will be a buoy with a Yellow Pin with a Black Band.

**7. STARTING AND FINISHING LINES; STARTING SYSTEM**

- 7.1. The starting and finishing lines will be between the staff on the Race Committee boat flying an orange flag and a nearby start/finish mark.
- 7.2. Races will be started using Rule 26 with the warning signal made five minutes before the starting signal, that is:

| Time to Start | Description                                    | Flag |
|---------------|--|------|
| 5 Minutes     | Class flag raised with one sound signal        |      |
| 4 Minutes     | Preparatory flag raised with one sound signal  |      |
| 1 Minute      | Preparatory flag lowered with one sound signal |      |
| Start         | Class Flag lowered with one sound signal       |      |

- 7.3. If one or more boats are on the course side of the starting line at the starting signal the race committee may signal an individual or a general recall signal, that is:

|                   |  |   |
|-------------------|--|---|
| Individual Recall | One sound signal with Flag X                   |  |
| General Recall    | Two sound signals with Flag 'first substitute' |  |

## 8. PROTESTS

- 8.1.** Protests shall be delivered to the Race Committee before the post-racing debrief. Open hearings will be held during the post-race debrief to familiarize the competitors with protest procedures. The results of the hearing will be given orally. Written decisions will not be prepared unless requested.
- 8.2.** As an alternative to a formal protest hearing, at the request of a competitor or coach a member of the protest committee may hold an informal debrief with the competitors and their coaches.

## 9. SCORING AND PRIZES

- 9.1.** The Race Committee will offer as many races as practical.
- 9.2.** Races will not be scored but the raw finishing order will be posted for each race.
- 9.3.** Recognition (certificates) will be given to all participants.

## 10. ON-WATER COACHING AND SUPPORT BOATS

- 10.1.** Coaches may coach competitors during racing but should not coach a competitor when in close proximity to another unless coaching support is supplied to both.
- 10.2.** Spectator and support boats not coaching should not enter the racecourse during racing.
- 10.3.** Support boats are requested to monitor the Race Committee working channel. It is recognized that coaches are essential to the safety plan of the regatta and they are required to assist in providing safety cover to competitors on the water. The Race Committee working channels will be:

| Course       | Channel   |
|--------------|-----------|
| <u>Alpha</u> | <u>71</u> |
| <u>Green</u> | <u>72</u> |

## 11. TRASH DISPOSAL

Rule 55 will not be altered. Boats shall not put trash in the water. Coach boats, Race Committee boats and all other support boats will accept trash.