

# SAILING INSTRUCTIONS – GREEN FLEETS

## ARK REGATTA

July 6-7, 2019

Bedford Basin Yacht Club  
377 Shore Drive, Bedford, NS B4A 2E7  
Ph: 902 835 3729  
[www.bbyc.ca](http://www.bbyc.ca)

*Organizing Authority: Bedford Basin Yacht Club*

### **1 RULES**

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 Racing Rule 40 is changed to apply at all times while afloat without the display of code flag Y. This modifies the preamble to Part 4.
- 1.3 The last sentence of Rule 90.2(c) is deleted and replaced by: “Oral changes may be given afloat or ashore, either at a pre-race briefing (‘Skippers’ meeting’) or post-race de-brief.”
- 1.4 Since Green Fleet races are not scored:
  - 1.4.1 redress is not available to competitors under Rule 62.1(a) for an improper action or omission of the Organizing Authority or the Race Committee; and,
  - 1.4.2 Rule 64.1 is changed so that the protest committee is not required to impose a penalty when they find that a party to a protest hearing has broken a rule and is not exonerated.

### **2 SIGNALS MADE ASHORE**

- 2.1 Signals made ashore shall be displayed from the flagpole located on the mast at the BBYC clubhouse.
- 2.2 If a postponement is signaled ashore, the warning signal shall be made not less than 30 minutes after flag AP is lowered.

### **3 NOTICES TO COMPETITORS**

- 3.1 Notices to competitors shall be posted on the official notice board located on the TV in the Wardroom.
- 3.2 The Race Committee may give oral instructions, including amendments to sailing instructions while on the water. The Race Committee may communicate directly with individual competitors or indirectly through designated Green Fleet coaches.
- 3.3 The race Committee will signal that oral instructions are available by displaying Code Flag ‘L’ with one sound signal.
- 3.4 The Race Committee may display a summary of oral instructions afloat by means of a whiteboard.

- 3.5 A record of oral instructions that change sailing instructions shall be posted on the official notice board at the end of a day's sailing, if further sailing is scheduled the next day.

**4 SCHEDULE and CLASS FLAGS**

Saturday, July 6, 2019		Sunday, July 7, 2019	
0945	Skippers and coaches meeting on the club's front lawn	1100	First warning signal Subsequent races to follow
1100	First warning signal Subsequent races to follow	1530	Last warning signal

- 4.1 Class flags are as follows:

- 4.1.1 The Optimist starting flag is a white flag with blue class insignia.  
4.1.2 The 420 starting flag is a white flag with blue class insignia.

**5 RACING AREA**


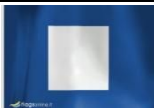
The racing area shall be inside Bedford Bay, generally in the area to the north of Spruce Island and the west of the BBYC marina and mooring field. See Appendix A.

**6 COURSES and MARKS**



- 6.1 Green Fleet will sail the course shown in Appendix B. Marks shall be left to port.  
6.2 Marks 1 and 2 will be yellow tetrahedra inflatable markers.  
6.3 Change marks will be orange tetrahedra inflatable markers.  
6.3 The start/finish pin shall be a yellow inflatable pin.

**7 STARTING AND FINISHING LINES; STARTING SYSTEM**

- 7.1 The starting and finishing lines shall be between the staff on the Race Committee boat flying her Race Committee flag and the course side of a nearby start/finish mark.  
7.2 Races will be started using Rule 26 with the warning signal made five minutes before the starting signal, that is:

Time to Start	Description	Flag
5 Minutes	Class flag raised with one sound signal	Class flag
4 Minutes	Preparatory flag raised with one sound signal	
1 Minute	Preparatory flag lowered with one sound signal	
Start	Class Flag lowered with one sound signal	White with Blue Class Logo

7.3 If one or more boats are on the course side of the starting line at the starting signal the race committee may signal an individual or a general recall signal, that is:

Individual Recall	One sound signal with Flag X One or more individual boats started early and are to return to the pre-start side of the start line and start over.	
General Recall	Two sound signals with Flag 'first substitute' Several boats started early and all boats are to return to the starting area to re-start the race.	

## 8 PROTESTS

- 8.1 Protests shall be delivered to the Race Committee before the post-racing debrief. Open hearings shall be held during the post-race debrief to familiarize the competitors with protest procedures. The results of the hearing will be given orally. Written decisions shall not be prepared unless requested.
- 8.2 As an alternative to a formal protest hearing, at the request of a competitor or coach a member of the protest committee may hold an informal debrief with the competitors and their coaches.

**9 SCORING AND PRIZES**

- 9.1 The Race Committee will offer as many races as practical within a target time of approximately 3 ½ hours on the water per day.
- 9.2 Races shall not be scored but the raw finishing order may be posted for each race.
- 9.3 A recognition award will be given to any competitor who wins at least one race (the first competitor to cross the finishing line that started correctly and sailed the course properly).

**10 ON-WATER COACHING AND SUPPORT BOATS**

- 10.1 Coaches may coach competitors during racing. Should a coach render advice to a competitor who is in close proximity to another, advice is to be offered to both competitors. Coach boats shall make every effort to not interfere with other boats racing.
- 10.2 Spectator and support boats not coaching should not enter the race course during racing.
- 10.3 Support boats are requested to monitor the Race Committee working channel. It is recognized that coaches are essential to the safety plan of the regatta and they are required to assist in providing safety cover to competitors on the water. The Race Committee working channels shall be:

Course	Channel
Alpha	71
Bravo	72
Charlie (Green)	69

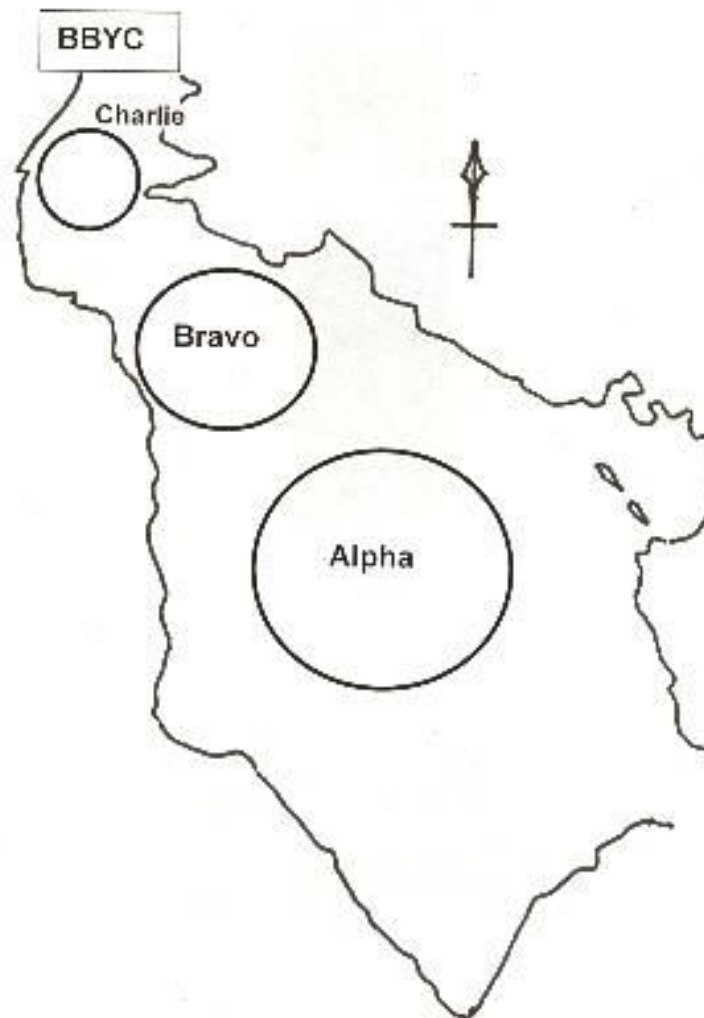
**11 TRASH DISPOSAL**

Boats shall not put trash in the water. Coach boats, Race Committee boats and all other support boats shall accept trash.

## APPENDIX A: RACING AREAS

The diagram below shows the approximate location and size of racing areas in Bedford Basin. Anchored shipping may require locations to vary, but relative positions (Charlie nearest BBYC and Alpha farthest away) will be preserved.

Not for navigation.



**APPENDIX B: COURSES**

**NUMERAL PENNANT ONE (1)**

**START – 1 – FINISH**

**NUMERAL PENNANT TWO (2)**

**START – 1 – 2 – 1 – FINISH**

