



2017 NS Provincial Optimist Championship

September 23-24, 2017

Organizing Authority: Bedford Basin Yacht Club

SAILING INSTRUCTIONS

1. RULES

- 1.1. The regatta shall be governed by the rules as defined in The Racing Rules of Sailing 2017 - 2020.
- 1.2. The prescriptions of Sail Canada shall apply.
- 1.3. The regulations of the individual classes racing in the event shall apply to those respective classes.
- 1.4. Should there be a conflict between the Notice of Race and the Sailing Instructions, the Sailing Instructions shall prevail.
- 1.5. CODA code of conduct will apply, and can be found at <http://www.optican.org/coda-code-conduct>. Competitors, coaches, parents and guardians shall abide by the CODA Code of Conduct. This includes behaviour both on and off the water including respect for all other persons, personal property of others, The organizing authority and their surrounding properties.

2. NOTICES TO COMPETITORS

- 2.1. Notices to competitors shall be posted on the TV in the BBYC Wardroom.

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1. Any change to the sailing instructions shall be posted before 0900 on the day it will take effect.

4. SIGNALS MADE ASHORE

- 4.1. Signals made ashore shall be displayed at the BBYC flagpole.
- 4.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 60 minutes' in the race signal AP. When the AP flag is flown ashore, competitors shall not launch their boats.
- 4.3. Flag D displayed with one sound means: 'the warning signal will be made not less than 60 minutes after flag D is displayed.' Boats shall not leave their berthing places until this signal is made.

5. SCHEDULE

- 5.1. Dates of racing: Saturday Sept. 23 and Sunday Sept. 24, 2017.





Registration	Fri, Sept 22 nd	1900 hrs to 2030 hrs
Breakfast and Registration	Sat, Sept 23 th	0730 hrs to 0900 hrs
Skippers Meeting	Sat, Sept 23 th	0930 hrs
First Warning Signal	Sat, Sept 23 th	1100 hrs
5 Minute Yard Cleanup	Sat, Sept 23 th	After Racing
Regatta Supper	Sat, Sept 23 th	After Racing
Breakfast	Sun, Sept 24 th	0830 hrs to 0915 hrs
Skippers Meeting	Sun, Sept 24 th	0930 hrs
First Warning Signal	Sun, Sept 24 th	1030 hrs
Last Warning Signal	Sun, Sept 24 th	1500 hrs
5 Minute Yard Cleanup	Sun, Sept 24 th	1555 hrs
Awards	Sun, Sept 24 th	1600 hrs

5.2. Up to 6 races per day will be sailed with no more than 12 races in total for the series.

5.3. To alert boats that a race or sequence of races will begin soon, the orange starting line flag will be displayed with one sound at least five minutes before a warning signal is displayed.

5.4. On the last day of the regatta no race shall be started after 1500 hrs.

6. RACING AREA

6.1. Racing shall take place in the Bedford Basin.

7. THE COURSE

7.1. 1.1. Attachment A show the course diagrams and the order in which marks are to be passed, and the side on which each mark is to be left. The Race Committee shall display which course is to be sailed by using a course board displayed on the signal vessel no later than the warning signal for each class.

8. MARKS

8.1. Marks 1, 2, 3 of the course shall be Orange inflatable tetrahedrons.

8.2. The port end of the Start / Finish line shall be a yellow inflatable cylinder.

8.3. New marks, as provided in SI 10, will be a yellow Tetrahedron

9. THE START

9.1. The starting line will be between the staff displaying an orange flag on the race committee boat at the starboard end and a yellow cylinder at the port end.

9.2. A boat starting later than 4 minutes after her starting signal will be scored Did Not Start. This changes RRS A4 and A5.





10. CHANGE OF THE NEXT LEG OF THE COURSE

10.1. To change the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When, in a subsequent change a new mark is replaced, it will be replaced by an original mark.

11. THE FINISH

11.1. The finishing line will be between the staff displaying an orange flag on the race committee boat at the starboard end and a yellow cylinder at the port end.

12. TIME LIMITS AND TARGET TIMES

12.1. If no boat has passed Mark 1 within the Mark 1 time limit the race will be abandoned. Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).

12.2. Boats failing to finish within 15 minutes after the first boat sails the course and finishes will be scored Did Not Finish. This changes RRS 35, A4 and A5.

13. PROTESTS AND REQUESTS FOR REDRESS

13.1. Protest forms are available from the Protest Desk which will be in the Learn to Sail Office. Protests shall be delivered there within the protest time limit.

13.2. For each class, the protest time limit shall be 90 minutes after the last boat has finished the last race of the day.

13.3. Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses, the location and timing of the hearings.

13.4. Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1(b).

14. SCORING

14.1. One (1) races are required to be completed to constitute a series.

14.2. When fewer than 5 races have been completed, a boat's series score shall be the total of her race scores.

14.3. When from 5 to 12 races have been completed, a boat's series score shall be the total of her race scores excluding her worst score.

15. CHECK-IN AND SAFETY REGULATIONS

15.1. All competitors shall check-in each morning by sailing on starboard tack past the transom of the committee vessel while hailing their sail number until acknowledged by a race committee representative.

15.2. A boat that retires from a race or leaves the racing area shall notify the race committee as soon as possible.

16. ENVIRONMENTAL RESPONSIBILITY

16.1. Rule 55 (Trash Disposal) will not be amended.

16.2. The Organizing Responsibility has partnered with Sailors for the Sea to run a Clean Regatta - a minimum of a Bronze certification.





- 16.3. This is a disposable water bottle free event, so please ensure you bring a reusable water bottle and refill at a water station on land or on water.
- 16.4. There will be a yard clean up before dinner is served on Saturday and before the awards ceremony on Sunday.
- 16.5. For more information on Sailors for the Sea's Clean Regatta certification, please go to sailorsforthesea.org.

17. RADIO COMMUNICATION

- 17.1. Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio transmissions not available to all boats. Mobile telephones shall not be used to obtain information relevant to the race that is not available to all boats.

18. PRIZES

- 18.1. Prizes shall be awarded to sailors finishing 1st through 5th overall, as well as 1st in White, Blue and Red fleets. Sportsmanship awards shall be awarded at the discretion of the race committee in consultation with the coaches. Junior Woman on the Water (Jr. WOW) will be given at the discretion of the Race Committee in consultation with the coaches. A Sustainability award shall be awarded at the discretion of the race committee in consultation with the coaches.

19. DISCLAIMER OF LIABILITY

- 19.1. By participating in this event and any related activity sponsored or undertaken by the Bedford Basin Yacht Club the owner, person in charge and each crew member agree: that they understand that sailing is an activity that has an inherent risk of serious bodily injury (including permanent disability, paralysis and death by drowning or otherwise), property damage and other economic loss; that the safety of the boat and her crew and the decision whether or not to start or continue to race is solely their responsibility and at their own risk, see RRS 4 "Decision to Race"; that the Bedford Basin Yacht Club and its officers, trustees, members, committees, employees, sponsors, or agents will not be responsible for damage to any boat or other property, or to any participant, including injury or death; and that each of them releases and waives all claims which he or she, or any heir, representative, successor or assignee, may have against the Bedford Basin Yacht Club and its officers, trustees, members, committees, employees, sponsors or agents, arising out of or in any way connected with participation in such race or activity. Assistance, if any, from the race committee or other Bedford Basin Yacht Club vessels, or from any personnel manning them, is at the risk of the participant.

For further information please contact P.R.O, Dan Conrod at daniel.conrod91@gmail.com



ATTACHMENT A

CHAMPIONSHIP COURSE

MODIFIED OLYMPIC

START-1-2-3-1-3-FINISH

