



2017 NS Provincial Optimist Championship

September 23-24, 2017

Organizing Authority: Bedford Basin Yacht Club

GREEN FLEET SAILING INSTRUCTIONS

These sailing instructions generally conform to the Canadian Optimist Dinghy Association standards for Green Fleet racing. They are based on the US Sailing Simplified Sailing Instructions, but are more suitable for use by race committees and coaches in support of the Green Fleet than as direct reading by younger Green Fleet competitors.

1. RULES

- 1.1. The regatta will be governed by the rules as defined in The Racing Rules of Sailing.
- 1.2. The last sentence of Rule 90.2(c) is deleted and replaced by: "Oral changes may be given on the water or ashore, either at a pre-race briefing ('Skippers' meeting') or post-race de-brief."
- 1.3. Since Green Fleet races are not scored:
- 1.4. Redress is not available to competitors under Rule 62.1(a) for an improper action or omission of the Organizing Authority or the Race Committee; and,
- 1.5. Rule 64.1 is changed so that the protest committee is not required to impose a penalty when they find that a party to a protest hearing has broken a rule and is not exonerated.

2. NOTICES TO COMPETITORS

- 2.1. Notices to competitors shall be posted on the TV in the BBYC Wardroom.
- 2.2. The Race Committee may give oral instructions, including amendments to sailing instructions, to Green Fleet competitors, by communicating directly with individual competitors or communicating indirectly through designated Green Fleet coaches.
- 2.3. The race Committee will signal that oral instructions are available by displaying Code Flag 'L' with one sound signal.
- 2.4. The Race Committee may display a summary of oral instructions afloat by means of a whiteboard.
- 2.5. A record of oral instructions that change sailing instructions will be posted on the official notice board at the end of a day's sailing, if further sailing is scheduled the next day.

3. SIGNALS MADE ASHORE

- 3.1. Signals made ashore shall be displayed at the BBYC flagpole.





- 3.2. If a postponement is signalled ashore, the warning signal will be made not less than 30 minutes after flag AP is lowered. This changes race signal AP.
- 3.3. Flag D displayed with one sound means: 'the warning signal will be made not less than 60 minutes after flag D is displayed.' Boats shall not leave their berthing places until this signal is made.

4. SCHEDULE and CLASS FLAGS

4.1. The schedule shall be:

Registration	Fri, Sept 22 nd	1900 hrs to 2030 hrs
Breakfast and Registration	Sat, Sept 23 th	0730 hrs to 0900 hrs
Skippers Meeting	Sat, Sept 23 th	0930 hrs
First Warning Signal	Sat, Sept 23 th	1100 hrs
5 Minute Yard Cleanup	Sat, Sept 23 th	After Racing
Regatta Supper	Sat, Sept 23 th	After Racing
Breakfast	Sun, Sept 24 th	0830 hrs to 0915 hrs
Skippers Meeting	Sun, Sept 24 th	0930 hrs
First Warning Signal	Sun, Sept 24 th	1030 hrs
Last Warning Signal	Sun, Sept 24 th	1500 hrs
5 Minute Yard Cleanup	Sun, Sept 24 th	1555 hrs
Awards	Sun, Sept 24 th	1600 hrs

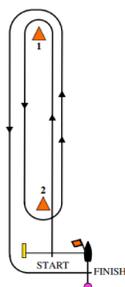
4.2. Class flags are as follows: The Class flag is the Number 9 Pennant.

5. RACING AREA

5.1. The racing area will be inside Bedford Basin, in front of the yacht club unless conditions make it advisable to move outside the cove.

6. COURSE[S] and MARKS

6.1. Green Fleet will sail a simplified course, as shown below. Marks will be left to port.



START – 1 – 2 – 1 – Start Pin – FINISH

6.2. Marks 1 and 2 will be Orange Cylinders.

6.3. The start pin will be a Yellow Pin

6.4. The finish pin will be a buoy with a Yellow Pin with a Black Band.

7. STARTING AND FINISHING LINES; STARTING SYSTEM

7.1. The starting and finishing lines will be between the staff on the Race Committee boat flying an orange flag and a nearby start/finish mark.

7.2. Races will be started using Rule 26 with the warning signal made five minutes before the starting signal, that is:

Time to Start	Description	Flag
5 Minutes	Class flag raised with one sound signal	
4 Minutes	Preparatory flag raised with one sound signal	
1 Minute	Preparatory flag lowered with one sound signal	
Start	Class Flag lowered with one sound signal	

7.3. If one or more boats are on the course side of the starting line at the starting signal the race committee may signal an individual or a general recall signal, that is:

Individual Recall	One sound signal with Flag X	
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General Recall	Two sound signals with Flag 'first substitute'	
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8. PROTESTS

- 8.1. Protests shall be delivered to the Race Committee before the post-racing debrief. Open hearings will be held during the post-race debrief to familiarize the competitors with protest procedures. The results of the hearing will be given orally. Written decisions will not be prepared unless requested.
- 8.2. As an alternative to a formal protest hearing, at the request of a competitor or coach a member of the protest committee may hold an informal debrief with the competitors and their coaches.

9. SCORING AND PRIZES

- 9.1. The Race Committee will offer as many races as practical.
- 9.2. Races will not be scored but the raw finishing order will be posted for each race.

10. ON-WATER COACHING AND SUPPORT BOATS

- 10.1. Coaches may coach competitors during racing but should not coach a competitor when in close proximity to another unless coaching support is supplied to both.
- 10.2. Spectator and support boats not coaching should not enter the racecourse during racing.
- 10.3. Support boats are requested to monitor the Race Committee working channel. It is recognized that coaches are essential to the safety plan of the regatta and they are required to assist in providing safety cover to competitors on the water. The Race Committee working channels will be:

Course	VHF Channel
Alpha	71
Green	72

11. ENVIRONMENTAL RESPONSIBILITY

- 11.1. Rule 55 (Trash Disposal) will not be amended.
- 11.2. The Organizing Responsibility has partnered with Sailors for the Sea to run a Clean Regatta - a minimum of a Bronze certification.



- 11.3. This is a disposable water bottle free event, so please ensure you bring a reusable water bottle and refill at a water station on land or on water.
- 11.4. There will be a yard clean up before dinner is served on Saturday and before the awards ceremony on Sunday.
- 11.5. For more information on Sailors for the Sea's Clean Regatta certification, please go to sailorsforthesea.org.

12. DISCLAIMER OF LIABILITY

12.1. By participating in this event and any related activity sponsored or undertaken by the Bedford Basin Yacht Club the owner, person in charge and each crew member agree: that they understand that sailing is an activity that has an inherent risk of serious bodily injury (including permanent disability, paralysis and death by drowning or otherwise), property damage and other economic loss; that the safety of the boat and her crew and the decision whether or not to start or continue to race is solely their responsibility and at their own risk, see RRS 4 "Decision to Race"; that the Bedford Basin Yacht Club and its officers, trustees, members, committees, employees, sponsors, or agents will not be responsible for damage to any boat or other property, or to any participant, including injury or death; and that each of them releases and waives all claims which he or she, or any heir, representative, successor or assignee, may have against the Bedford Basin Yacht Club and its officers, trustees, members, committees, employees, sponsors or agents, arising out of or in any way connected with participation in such race or activity. Assistance, if any, from the race committee or other Bedford Basin Yacht Club vessels, or from any personnel manning them, is at the risk of the participant.

For further information please contact P.R.O, Dan Conrod at daniel.conrod91@gmail.com

