



## 2017 Nova Scotia Provincial Optimist Championship September 23-24

**Organizing Authority: Bedford Basin Yacht Club, 377 Shore Dr, Bedford NS, B4A 2C7**  
**Phone: 902 835-3729**  
**[www.bbyc.ca](http://www.bbyc.ca)**

### 1. Rules

- 1.1. The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS).
- 1.2. Sail Canada prescriptions to the RRS are available at: [sailing.ca](http://sailing.ca)
- 1.3. Racing Rules will be changed as follows
  - 1.3.1. Rule 40 is changed to apply at all times while afloat. This changes the preamble to Part 3.
  - 1.3.2. The Sailing Instructions will amend Rules 41 and 90.2(c) for the Green Fleet
- 1.4. Appendix P will apply and may be amended by the Sailing Instructions

### 2. Eligibility

- 2.1. The regatta is open to all boats of the Optimist class:
  - Optimist Red Fleet – sailors that have reached the age of 13 by the first day of scheduled racing at the event (September 23, 2017) and who are not older than 15 years old as of December 31<sup>st</sup> 2017
  - Optimist Blue Fleet – sailors that have reached the age of 11 by the first day of racing (September 23, 2017) and are younger than 13 years old by the first day of the event.
  - Optimist White Fleet – sailors that have not reached the age of 11 years old before the first day of the scheduled racing at the event (September 23, 2017)
- 2.2. Eligible participants may register at: [bedfordbasin.checklick.com](http://bedfordbasin.checklick.com).
- 2.3. Early registration ends September 3
- 2.4. Competitors may register on-site during checkin: Friday September 22 from 1600 to 2000hrs, and Saturday September 23 from 0730 to 0900hrs.
- 2.5. All participants must check-in on site and present a proof of age to complete registration
- 2.6. All participants must submit a parent/guardian declaration, including a waiver of liability and a medical authorization form signed by a parent guardian

### 3. Fees

- 3.1. Required fees are as follows (HST is included in the price)
  - Competitor early registration (ends September 3 2017) - \$50
  - Competitor late registration (September 4-23) - \$60
  - Coach - no registration fee

### 4. Schedule

Registration	Friday, Sept 22 <sup>nd</sup>	1900 hrs to 2030 hrs
Registration	Saturday, Sept 23 <sup>th</sup>	0730 hrs to 0915 hrs





Skippers Meeting	Saturday, Sept 23 <sup>th</sup>	0930 hrs
First Warning Signal	Saturday, Sept 23 <sup>th</sup>	1100 hrs
5 Minute Yard Cleanup	Saturday, Sept 23 <sup>th</sup>	Before dinner
Regatta Supper	Saturday, Sept 23 <sup>th</sup>	After Racing
Breakfast	Sunday, Sept 24 <sup>th</sup>	0830 hrs to 0915 hrs
Skippers Meeting	Sunday, Sept 24 <sup>th</sup>	0930 hrs
First Warning Signal	Sunday, Sept 24 <sup>th</sup>	1030 hrs
Last Warning Signal	Sunday, Sept 24 <sup>th</sup>	1500 hrs
5 Minute Yard Cleanup	Saturday, Sept 23 <sup>th</sup>	ASAP
Awards	Sunday, Sept 24 <sup>th</sup>	ASAP

## 5. Sailing Instructions

5.1. Sailing instructions will be available online at [bbyc.ca](http://bbyc.ca) and on-site at registration and check-in

## 6. Courses

6.1. Windward leeward courses will be sailed. The Green fleet may sail other course configurations.

## 7. Scoring

7.1. One race is required to constitute a series

7.2. When fewer than five races have been completed, a boats series score will be the total of her race scores

7.3. When five or more races have been completed, a boats series will be the total of her race scores, excluding her worst scores

7.4. The Green Fleet is a recreational class for developing sailors and casual competition. Neither races nor the series will be scored. There is no maximum number of races.

## 8. Safety

8.1. A whistle shall be attached by a lanyard to the PFD of each competitor. The lanyard shall be long enough to permit the sailor to use the whistle while wearing the PFD.

8.2. Each competitor must have a 15m buoyant heaving tow line fixed to their mast. Competitors may not use other lines from running rigging for this purpose.

8.3. Competitors not complying with these safety instructions may be given a scoring penalty of five (5) points for each race in which they have failed to observe the instructions at the discretion of the protest committee.

8.4. Each competitor shall have two (2) bailers fastened to the boat.





- 8.5. Each competitor shall have one (1) praddle fastened to the boat.
- 8.6. Each coach should have a whistle, wear a PFD, and have a suitable tow line readily available in their boat at all times while on water.

## 9. Disclaimer of Liability

- 9.1. Competitors participate in the regatta entirely at their own risk. See Rule 4, Decision to Race.
- 9.2. Bedford Basin Yacht Club, Sail Nova Scotia and all other individuals and entities involved in the organization of this regatta shall accept no liability whatsoever for any injury, damage, or loss or claim, whether personal or material, incurred or inflicted to participants before, during, or after this regatta.

## 10. Insurance

- 10.1. The competitor is responsible for ensuring that a minimum of \$1,000,000 third party coverage is in place for the event. The organizing authority does not accept any responsibility for verifying that a competitor is insured.

## 11. Prizes

- 11.1. Awards will be given for competitors placing 1st through 5th in the Championship Fleet.
- 11.2. Sportsmanship awards will be given at the discretion of the Race Committee in consultation with the coaches
- 11.3. Sustainability award will be given at the discretion of the Race Committee in consultation with the coaches
- 11.4. Green fleet participation medallions will be awarded to all sailors

## 12. Rights to use name and likeness

- 12.1. In participating in an event, a competitor or coach automatically grants the Organizing Authority and the sponsors of the event, the right in perpetuity, to make, use, and show from time to time and at their discretion, any motion pictures, still pictures, and live, taped or filmed television and other reproductions of him/her during the period of the competition in the events in which the competitor or coach participates and in all material related to the events without compensation.

## 13. Environmental Responsibility

- 13.1. Rule 55 (Trash Disposal) will not be amended.
- 13.2. The Organizing Responsibility has partnered with Sailors for the Sea to run a Clean Regatta - a minimum of a Bronze certification.
- 13.3. This is a disposable water bottle free event, so please ensure you bring a reusable water bottle and refill at a water station on land or on water.
- 13.4. There will be a yard clean up before dinner is served on Saturday and before the awards ceremony on Sunday.
- 13.5. For more information on Sailors for the Sea's Clean Regatta certification, please go to [sailorsforthesea.org](http://sailorsforthesea.org).

